



St Louis, MO

Day 1: Arrival and Exploration

1. **Arrive in St. Louis and check into your hotel.**
2. **Visit the Gateway Arch National Park.**
 - Ride to the top of the Gateway Arch for stunning views.
 - Explore the Museum of Westward Expansion.
3. **Dinner at a student-friendly restaurant near the Arch.**
 - Options include Ballpark Village or The Old Spaghetti Factory.
4. **Return to the hotel for rest.**

Day 2: Science and Adventure

1. **Breakfast at the hotel.**
2. **Visit the St. Louis Science Center.**
 - Explore interactive exhibits and the planetarium.
3. **Lunch at the Science Center's cafe.**
4. **Head to Forest Park.**
 - Visit the St. Louis Zoo, known for its diverse animal exhibits and free admission.
5. **Return to the hotel to freshen up.**
6. **Dinner at The Hill, St. Louis' famous Italian neighborhood.**
 - Enjoy authentic Italian cuisine at a student-friendly restaurant like Zia's or Mama's on The Hill.
7. **Return to the hotel for rest.**

Day 3: History and Culture

1. **Breakfast at the hotel.**
2. **Visit the Missouri History Museum.**
 - Learn about the history of St. Louis and Missouri.
3. **Explore the Muny in Forest Park (if visiting in summer, attend a free rehearsal).**
4. **Lunch in Forest Park or a nearby cafe.**
5. **Visit the City Museum.**
 - Enjoy the unique, interactive exhibits and playgrounds made from repurposed architectural and industrial objects.
6. **Return to the hotel to freshen up.**
7. **Dinner at Union Station.**
 - Experience The St. Louis Wheel and the Fire and Light Show.
8. **Return to the hotel for rest.**



Day 4: Final Exploration and Departure

1. **Breakfast at the hotel and check out.**
2. **Visit the Magic House, St. Louis Children's Museum.**
 - Engage with hands-on exhibits and educational activities.
3. **Lunch at a local spot near the museum.**
4. **Spend some time exploring the Delmar Loop.**
 - Check out the unique shops, music venues, and the St. Louis Walk of Fame.
5. **Depart for home.**

SAMPLE - FULLY CUSTOMIZABLE